

North Hampton Recreation

Spring & Summer

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VOLUNTEERS ARE SPECIAL PEOPLE!!!

Volunteering is an American tradition that has made an immeasurable contribution to communities, organizations, and individuals throughout the country. In 2002, 44 percent of American adults over the age of 21 volunteered. Today's volunteers are active, dynamic, creative individuals who possess the skills, desire, patience, and time to accomplish a wide variety of tasks.

I would like to take the time to thank all of the youth coaches, NHYA board members, sport commissioners (**Kristy Lloyd**), PAL members, classroom parents, team moms. Penny Sale organizers, Lighthouse organizers, The Can Do Kids (**Dr. Joan Breen**) and WHOEVER else has donated their time in order to build a stronger & more family-oriented community. A very special thanks to **Mr. Chris Johnson**, who helped assistant coach the Rec High School boys hoop team. A special thanks to the head coach as well; Jim Wheeler:)

Thank you to **Elizabeth Brigham**, our Bradford Ski Club volunteer/chaperone. Elizabeth stepped up BIG TIME this year, riding the bus with the kids, skiing with them and being a great sport and most of all; standing outside in the freezing cold watching them snow-board or ski! If you get a chance, thank these wonderful and special people for all of their hard work and efforts. Their time and energy has been priceless. Thank you for the important work that you do!

"I expect to pass through life but once. If, therefore, there be any kindness I can show, or any good thing I can do to any fellow being, let me do it now, for I shall not pass this way again." -William Penn

THE ANNUAL EGG SCRAMBLE

is scheduled FOR SATURDAY APRIL 15, 2006, at the Hampton Airfield.

The North Hampton Police and Recreation Departments invite you to join them for the 4th Annual Egg Scramble. Parents, bring along a camera as Bertha the Bunny will be available for photo opportunities. Preschool-3rd Grade: Begin the scramble at 1pm and gather all of the toy & candy-filled eggs that your basket can hold, while also searching for the "Magic Eggs", which holds various prizes & Gift Certificates, redeemable for any recreation program. One magic egg per person please.

Grades 4th-6th: Flashlight Egg Scramble to begin promptly at 7:15 pm. Seek and find hidden treats & goodies all the while searching for the "Magic Eggs", which will hold various prizes & Gift Certificates redeemable for any North Hampton sponsored program and as well as a special Summer Rec field trip passes. One magic egg per person please.

We hope that you enjoy the Spring and Summer programs that have been scheduled. Due to special requests, there are after school programs that are continuing such as Chess, & Piano lessons, and there are also new programs, such as Weird Science, Floor Hockey and Rec Round up.

There are a number of new programs this summer; Full time Summer Rec Camp, Little Nippers Summer Rec Camp, Seacoast United Soccer, Lego League Camp, Surfing, teen dances, Adult dodgeball, Boys high school hoop summer league and much, much more!!! Enjoy.

If you would like to see a new program that we do not offer, please feel free to call the Rec Dept. as suggestions are greatly appreciated.

REGISTRATION & INFORMATION

Two easy ways to register:

1. BY MAIL

Go online & download registration form at www.northhampton-nh.gov. On home page, click on Recreation Registration Forms. Please indicate the session # & heading with child's name. After completing the registration form, please mail to:

North Hampton Recreation
PO Box 710,
North Hampton, NH 03862

2. WALK IN

You can drop by the Recreation Department which is located in the town Offices above the Police Department. The entrance is located at the back of the building. Office hours are Monday-Friday, 8-4pm.

FEES

Payment must accompany the registration form. Please make checks payable to: Town of North Hampton. A \$25 fee is charged on all returned checks & the full amount of registration and return fee in cash.

SCHOLARSHIP FUND

If you have an unusual family financial situation that limits participation due to a fee, please fill out the attached scholarship form & contact the Rec Dept. to make arrangements for a fee waiver. Scholarships are available for most youth programs and are not available for adult programs. Local families and businesses generously donate to this important fund annually.

CONFIRMATION

You will only be notified if a program or activity is cancelled or filled.

CANCELLATIONS

The North Hampton recreation Department reserves the right to cancel a class/special event due to insufficient enrollment or inclement weather.

OUR MISSION

We strive to enhance the quality of life for all citizens, regardless of age in our community, by creating strong partnerships & providing a variety of recreational activities, special events & services that encourage life-long learning, fitness & most of all- FUN!!!

VOLUNTEERS

Volunteers are key & essential to this department especially during special field trips as they enable us to provide a much larger program format at a considerable savings to the community. Please join our volunteer list by contacting the Rec Dept.

OFFICE HOURS

Our office hours are Monday-Friday, 8-4pm, however, there will be times when we are out of the office running programs or errands.

HOW TO KILL A GREAT PROGRAM

Nothing kills a recreation programs faster than those who wait until the very last minute to register. There is a point when a program must be cancelled/modified if there is sufficient registration. All programs require a high level of coordination including transportation, staffing, facility scheduling, volunteer recruitment, purchasing supplies or a minimum amount of participation that may be required. **PLEASE** register early. We thank you in advance for your continued support & cooperation.



* Indicates New Programs.

SPRING TIME

Creative Dance

Activities encourage the development of physical strength, coordination, creative thinking & self-expression. Students are taught to refine their motor skills & develop the creative process through use of props & imagery. The class also provides the opportunity to interact w/other peers his/her own age. This environment allows the less-secure students to gain confidence. Please have your child wear loose fitting clothing-no dresses/skirts. Ballet shoes or barefoot is allowed, no stocking feet. Session #413011

Who: Boys and Girls Grades Preschool-Kindergarten

When: Wednesdays, April 5, 12, 19, May 17, 2006, 11-11:40am

Where: NHS Cafeteria

Fee: \$40



Little Nippers Indoor Soccer

Parents, join your preschoolers in 2 six-week sessions to learn the various skills of the game of soccer. Seacoast United continues their preschool classes and introduces the sport through various cooperative games & parachute fun. Parent participation is a must!

Session #412010A

Who: Boys & Girls ages 3-5

When: Monday mornings, 10-11am, March 20, 27, April 3, 10, 17, May 1, 2006

Where: Seacoast United Soccer, Hampton Fee: 1 Session \$65 or \$130 for both.

Session #412010B

When: Wednesday May 10, 17, 24, 31, June 7, 14, 2006, Place, TBD



Chess Club

This program focuses on chess strategy, annotations, solving chess problems & individual games with other chess club members. Steve Norton, who teaches at Greenland School, is the instructor. Students of all abilities are welcome! Session #427035

Who: Boys & Girls Grades 1-8

When: Wednesdays, 3-4 pm- April 5, 12, 19, May 3, 10, 17, 24, 31, 2006

Where: NHS, Classroom TBD

Fee: \$45



Rec Round Up

Do your kids have an enormous amount of energy once they step off the bus? Well, we have the solution for you. Rec Round brings a few of our summer rec counselors down to Dearborn Park to play good ole' fashioned games with your kids. Basketball, flag football, whiffle ball, kick ball, dodgeball and cooperative games.

Session #422019

Who: Boys and Girls Grades 1-5

When: Mondays, 3-4:30 pm, May 1, 8, 15, 22, June 5, 2006

Where: Dearborn Park

Fee: \$25



Floor Hockey

Join Summer Rec Senior Counselor and Eagle Scout Dylan Croston, as he instructs & plays indoor floor hockey with your little ones. Perfect for little ones who need to exercise after school. Session # 422029

Who: Boys and Girls Grades K-2

When: Tuesdays, May 16, 23, 30, June 6, 13, 2006, 3-4pm

Where: NHS Gym

Fee: \$25 per five week

Minimum: 8

Maximum: 10

Weird Science with Seacoast Science Center

Ooey, gooey, slimy and JUST *weird*! Sound like fun? Join naturalists from the Seacoast Science Center and investigate your world by doing what scientists do! This session is for all of those inventors, detectives, and junior scientists out there. Each week, create projects and experiments. Discover some science secrets of the ocean. From volcanoes to magnets, each week will be an adventure. Session # 423021

Who: Boys and Girls Grades 1-4

When: Thursdays, April 6, 13, 20, May 4, 11, 2006

Where: NHS Classroom TBD when class is filled

Fee: \$65

Minimum: 10

Maximum: 12

Piano Lessons

Leave your kids in the hands of professional musician and teacher, Nancy Roberts, who has 25 years of performance experience and over 20 years of teaching private lessons! Nancy is a graduate of Bates College in Maine, with a Music and English degree.

Session #427035A (Mondays), #427035B (Tuesday), #427035C (Wednesdays), #427035D (Thursdays)

Who: Boys and Girls Grades 1-8

Where: North Hampton School band room

When: Seven 30-minute private lessons:

Mondays, April 3, 10, 17, May 1, 8, 15, 22, 2006

Tuesdays, April 4, 11, 18, May 3, 10, 24, 31, 2006

Wednesdays, March 29, April 5, 12, May 3, 20, 24, 31, 2006

Thursdays, March 30, April 6, 13, May 4, 11, 25, June 1, 2006

Price: \$145 for seven lessons!!! That's only \$20.71 per lesson. There may be an additional charge for lesson books. Students who are already taking lessons in Session II have the option of keeping their private lesson time. **Parents of new students, please call the Rec Dept. at 964-3170 to inquire for available/open private lesson times before sending in payment.**



Homework Club

What better way to ensure that your child is keeping up & staying organized than being a part of the Homework Club? The HW Club instructors are members of the NHS staff and are familiar with each grade level curriculum. Support will include organizational skills as well as access to the school library. Please send a snack as the first 15 minutes, snack may be eaten.

Session #423037A

Who: Students 7/8th Grades **Where:** Room TBA, 3-4pm

When: Mondays & Wednesdays, March 20, 22, 27, 29, April 3, 5, 10, 12, 17, 19,, May 1, 3, 8, 10, 15, 17, 22, 24, 2006

Fee: \$40 for 18 meetings. Jan Devore is the instructor.

Session #423037B

Who: Students 6th Grade **Where:** Room TBA, 3-4pm

When: Mondays & Thursday, March 20, 23, 27, 30, April 3, 6, 10, 13, 17, 20, May 1, 4, 8, 11, 15, 18, 22, 25

Fee: \$40 for 18 meetings: Joan Cuetara is the instructor.

Session #423037C

Who: Students 4/5th Grades **Where:** Room TBA, 3-4pm

When: Mondays and Wednesdays, , March 20, 22, 27, 29, April 3, 5, 10, 12, 17, 19,, May 1, 3, 8, 10, 15, 17, 22, 24, 2006

Fee: \$40 for 18 meetings, Cathleen Delaney and Seth Fitzgerald are the instructors.

Children's Mayhem Theatre

Have you ever wanted a well-worn children's tale to go a different way? This unique experience will incorporate a famous fairy tale & give it a different spin. How about Jack and the Beanstalk's giant being really short? Or how about one of the three little pigs befriending the wolf? Or how about Rapunzel being happy to be stuck in the tower? What if Mother Goose was the person giving the advice to three princesses who are having ROYAL problems? This acting class for the young performers will answer all of these questions and MUCH MORE!

Session # 423025

Who: Boys and Girls Grades 3, 4, 5, 6

When: Wednesdays, April 19, May 3, 10, 17, 24, 31, June 7, 14, 2006, 3:30-4:30

Where: TBD when class fills

Fee: \$100, includes 8 hours of quality theatrical performance instruction and performance at the end of session. Minimum: 8 Maximum: 15



Improv

Anyone can ACT! Everyone can IMPROVISE! IMPROV GAMES improve spontaneity, encourage cooperation, plug us in to our intuitive creativity and make your grandmother chuckle at you. All experience levels are most welcome at IMPROV CAMP, where we will laugh our way through experience of theatre fundamentals that can be transferred to any facet of life! IMPROV CAMP will be a hands-on path to your own brand of humor and a fuller sense of yourself through IMPROV GAMES, TAI CHI exercises and JUGGLING with a culminating WHOSE LINE IS IT ANYWAY-ESQUE show - North Hampton Style! Perfect for DI teams and any other kids that are fans of "Who's Line

Is It Anyways?" Session # 423025A

Who: Boys and Girls Grades 3, 4, 5, 6

When: Wednesdays, April 19, May 3, 10, 17, 24, 31, June 7, 14, 2006, 4:30-5:30

Where: TBD when class fills

Fee: \$88 Minimum: 8 Maximum: 15

Red Cross Babysitter's Course Training

During this six hour course, students will learn the important basics of responsible, safe babysitting, including decision making, safe play, first aid, how to respond to emergencies and the business of babysitting. Bring a snack and drink and join Red Cross instructor Kara Winton, for a fun-filled, informative program! Fee includes a ARC manual. An American Red Cross certificate will be issued to participants upon course completion. Session # 433031

Who: Boys and Girls ages 11 and up

When: 2 Saturdays, May 6 and May 13, 2006, 9am-12pm

Where: Old Town Hall

Fee: \$50 Minimum: 6 Maximum: 10



Pepsi Pitch, Hit & Run

NHYA and North Hampton Recreation collaborate and bring to the boys and girls of North Hampton their 3rd Annual Pitch, Hit and Run competition. This national skills program provides boys and girls ages, 7-14, the opportunity to showcase their pitching, hitting and running abilities. Pitch, Hit and Run is intended to encourage youth participation and emphasize the "FUN" element of baseball competition. Session # 486013

Who: Boys and Girls ages 7-14.

There are four age groups: 7-8, 9-10, 12-12 & 13-14, age is determined as of July 17, 2006.

When: May 20, 2006 Rain Date May 21, 2006

Where: Knowles Field

Fee: Free

All participants must fill out a registration/waiver form along with a copy of a valid birth certificate or baptismal record for age verification.



The First Tee of The Seacoast

The First Tee of the Seacoast's Golf & Life Skills Program offers unique & fun learning opportunities for young people from ages 8-17. The program utilizes the unique game of golf, & its core values & traditions, to teach values & life skills to young people of all backgrounds, especially those who might not otherwise have an opportunity to experience the game of golf. Emphasis is on the nine core values; sportsmanship, confidence, integrity, perseverance, respect, responsibility, judgment, courtesy & honesty. Also teaching through a progression of life skills, such as introducing oneself, goal setting & golf skills to include set-up, putting, chipping, pitching, bunker shots, full swing, and the rules and etiquette of golf. Participants may bring their own equipment, but will be supplied for anyone needing it.

Who: Boys and Girls ages 8-17 yrs.

When: April vacation: Tuesday, Wednesday, Thursday, April 25, 26, 27, 2006, 3:30-5:30pm

Spring Sessions #422001: 3 Saturdays, May 6, 13, 20, 2006, 12-2pm

#422001B 3 Tuesdays, May 9, 16, 23, 2006, 3:30-5:30pm

422001C 3 Thursdays, May 11, 18, 25, 2006, 3:30-5:30pm

Birdie Level: # 122001 3 Fridays, June 2, 9, 16, 2006, 3:30-5:30pm

12200B 3 Saturdays, June 3, 10, 17, 2006, 12-2:00pm

#122001C 3 Tuesdays, June 6, 13, 20, 2006, 3:30-5:30pm

#122001D 3 Thursdays, June 8, 15, 22, 2006, 3:30-5:30pm



Summer Sessions #122001E Tuesday, Wednesday, Thursday, June 27, 28, 29, 2006, 1-3pm

#122001F Tuesday, Wednesday, Thursday, July 11, 12, 13, 2006, 1-3pm

Fees: \$75, for one 3-day session

\$125 for two 3-day session

\$200 for three 3-day sessions

\$300 for six Spring or Summer sessions

\$500 for ALL SPRING & SUMMER sessions

First Tee SNAG Golf Program

The introductory TARGET SNAG program seeks to familiarize very young children, ages 5-7 years, with the game of golf while touching on the core values. The first core value touched on is respect. Emphasis will be given an introduction on is the very basic golf skills of grip, stance, swing, putting & chipping.

Who: Boys and Girls ages 5-7 years

When: Fridays, 3:30-4:30pm, May 26, June 23, Sept. 15, 2006 (each day is considered one session) Session #423001

Fridays, 12-1pm, July 7, 14, 21, Aug. 4, 11, 18, 25, 2006 (each day is considered one session) Session # 123001

Friday, 9-10am, July 28, 2006, Session #123001A

Fees: \$10 per one hour session

\$25 per three 1 hour sessions (signing up for 3 at one time)

All Lessons are held at Sagamore Golf Center, 22 North Rd, North Hampton

Golf Lessons with Brian O'Hearn

Brian O'Hearn, PGA Professionals, back again this year and is offering his expertise in all areas of the game of golf.

Brian brings with him over 20 years of teaching golf to ALL ages and ability levels

Unlimited Lesson Membership: April 1- October 1, 2006, 30 minutes, includes 9 hole playing lesson

Adults: \$499- 18 yrs & up Juniors \$399- 9-17 yrs.



Archery

The Archery Academy of New Hampshire will be offering a Winter Archery program through the North Hampton Recreation Department. This class will be taught by Robb Schmidt a National Archery Association Level 3 Instructor and Physical Educator. This introductory program is for boys and girls ages 8 and up. Students will learn the nine steps of shooting and the proper safety procedures in four one hour classes. The program consists of a brief history, equipment and safety procedures, shooting skills and games. Archery is a wonderful activity that when learned properly, can be enjoyed for a lifetime. **Session #423037**

Who: Boys and Girls ages 8-14

When: Tuesdays, April 18, 25, May 2, 9, 2006, 5:30-6:30pm

Where: Old Town Hall or Dearborn park, depending on weather

Fee: \$60, residents, \$65, non-residents

SUMMER TIME, SUMMER TIME

Tennis with Smarttennis for Kids

Seab Stanton, Director of Smarttennis is returning to conduct the 2006 Junior Summer Children's Tennis Program at Dearborn. A former 4-time New England Junior Champion & 3-time Intercollegiate All-American, Seab has been instructing children and adults for over 30 years. He will be offering private and group instruction for beginner through advanced levels. This summer's programs will include private, a weekly Match Play program & 2 tournament events. Whether you're just starting or an advanced player, we are sure you'll be able to find something you'll enjoy! **In the event of additional rain days, Smarttennis reserves the right to either move camp to the Tennis Barn in Hampton or schedule a make up day on Saturday.** Students who cancel without 7 days notice are subject to a \$100 cancellation fee, unless a replacement is found. There are NO REFUNDS after the first day of class. Payment arrangements can be made for multiple sessions by calling the Rec Dept. No reservations or registration forms will be taken for any program at Dearborn Park, all registrations and payments must be turned into the Rec Dept.

Lesson Programs: Tournament Tough (Advanced): For USTA tournament and high school team players

Future Stars (Intermediate): For players needing stronger fundamentals to move to the next level

Rookie (Beginner- Novice): For players with a little or no previous experience.

Pee Wee(Beginner): For 5-7 year olds.

Level & Session #	Age	Clinic Start Dates				
Tourney Tough: #195002	All	6/26 (A)	7/10 (B)	7/24 (C)	8/7 (D)	8/21(E)
Future Stars: #135002	14 & Up	6/26 (A)	7/10 (B)	7/24 (C)	8/7 (D)	8/21 (E)
Future Stars: #185002	8-14 yrs.	7/3 (A)	7/17 (B)	7/31 (C)	8/14(D)	
Rookies: #125002	8 & Up	7/3 (A)	7/17(B)	7/31 (C)	8/14 (D)	

Focus: All campers will receive at level instruction on Stroke Fundamentals, Match Play Fundamentals, Tactics & Strategy & Sportsmanship/Court Etiquette.

Who: Boys and Girls Ages 8 & up

When: Clinics begin June 26 & run Monday-Thursday, please see above chart for levels. Friday's are optional MATCH PLAY days at no additional charge. Jrs. are strongly encouraged to play to test their new skills in a low pressure environment. In the event of rain, Friday will be restructured as a make up day. Time: 1-3:30pm

Where: Dearborn Park tennis courts Maximum: 16; teacher student ratio 1:6.

Fee: \$165 week or \$45 per day, Residents, \$195 week, or \$45 per day, Non-residents. Includes all instruction & match play, and camp t-shirt & Gatorade. Part time students will need to pay \$10 for the Match Play.

Level & Session #	Age	Clinic Start Dates				
Pee Wee: #112002	5-7	7/3 (A)	7/17 (B)	7/31 (C)	8/14 (D)	8/21 (E)
Pee Wee: #122002	7-8	6/26 (A)	7/10(B)	8/7 (D)	7/24 (D)	8/21 (E)

When: Monday-Thursday

Time: 4-5pm

Fee: \$99 per session or \$18 per day

Maximum: 15



Junior Championships

Let's declare our first ever Dearborn Park Junior Champions! The double elimination tournaments will be held for 12U, 14U & 16U singles & doubles for both boys & girls. Matches will be 8 games pro sets out to the finals & then 2 out of 3 sets in the finals. Trophies will be awarded to all finalists in both the championship division & the consolation division.

Entry deadline is July 21, 2006

Who: Boys and Girls ages 10-16yrs.

When: Saturday and Sunday July 29 & 30, 2006, 8:30am-4:30pm

Where: Dearborn Park tennis courts

Fee: \$20 per person singles and \$20 per doubles team. Limit: 16 players per single draw & 8 teams per double draw.

Parent-Child Tournament

Tennis is one of the few sports that parents can share with their children for a lifetime. Get it started now with the First Annual North Hampton Parent-Child Challenge!! Parents teams up with their kids to compete in around robin tourney. **HERE'S THE BEST PART-** no one can lose!!!

If you win, you advance, if you lose, you advance! Who said the world wasn't perfect? All 16 teams advance to a flight final. The winner and runner up of each flight receive awards, which means...you can check the math... follows play. ALL 16 TEAMS WIN AN AWARD!!! Nice. Refreshments will be provided during play & a cook-out & awards ceremony
 Who: Parent and child, all ages When: Sunday, July 9, 2006, 11:00-1:30pm
 Where: Dearborn Park tennis courts and Pavilion
 Fee: \$21 includes professional supervision of play, awards for all, balls, refreshments, hamburger/hot dog cookout with all the fixins"!

Part time Summer Rec 2006- Staff & Field Trips

It's that time of year again to register your camper (s) for our popular summer rec camp program. This part time six-week program is perfect for the summer, short enough to spend time with the family and long enough to hang out with their friends, play games, or create art and crafts. We have new staff this year as well as the warm familiar faces. Session # 185016

Who: Boys and Girls Grades 1-8 (Must have attended K, if not, see Little Nipper Summer Rec)

When: July 3-August 11, 2006

Where: NHS Gym, art room, cafeteria and fields

Time: Part time 9-12pm, Monday-Friday, Tuesday and Thursday, Field trips

Fee: \$155 for six-weeks of fabulous fun in the sun! Includes camp t-shirt. Family cap/rate applies after 2nd camper full paid registration of \$310. Please include a \$15 LATE FEE after May 31, 2006. Field trips are not included in the registration price. Campers have the option of going on 2 field trips per week. There is an additional fee per field trip and there are also activities planned for those who choose not to go on field trips, with the exception of Canobie Lake and 2 Water Country days. There is no on-site REC on those 3 days due to the large enrollment of these popular trips.

Ratio: Our ratio on-site is generally 1 counselor to every 5 campers, when there are 100 campers present. On field trips, depending upon the age group, there will be a 1:3 ration for the younger campers and a 1:5 or 1:6 ratio for the older campers. All staff are CPR trained and certified.

Staff: Please welcome our new directors and the new & returning counselors. We have the Best!

Summer Rec Camp Director: Welcome back! Liz Kemner

Assistant Director:: TBD

Sr. Camp Counselors: Steph Rineman, 6 yrs.; Al Mathews, 6 yrs., Dylan Croston, 5 yrs, Rene Roy, 5 yrs, Louis Janos, 6 yrs., KC Smith, 5 yrs., Luke Cahill, 5 yrs. Sam Heath, 2 yrs. Ellen Parent, 2 yrs., Hilary Carroll, 1st year

Junior Camp Counselors: Kevin Donohoe, 3 yrs. Anthony Facella, 3 yrs. Eric Carroll, 2 yrs., Zac Burke 2 yrs.

Betsy Garry, 2 yrs., Matt Paquette, 2 yrs.

CIT's; Counselor's In Training: TBD upon interviews in April.

DATE	TIME	LOCATION	RAIN DATE	FEE
Thurs. July 6	9-3pm	Pawtuckaway State Park	none	\$15
Tues. July 11	9-3pm	York's Wild Animal Kingdom	July 12	\$25
Thurs. July 13	9-3pm	Water Country (no on-site camp)	July 14 \$	\$22
Wed. July 19	10-TBD	Boston Red Sox	TBD	\$48
Thurs. July 20	9-3pm	Space Center, Hooksett	none	\$25
Tues. July 25	9-3pm	Chunky's, Haverhill	none	\$25
Thurs. July 27	9-3pm	Hilltop Fun Center, Rollerskate Newington	none	\$28
Tues. Aug. 1	5:30am-6pm	White Water Rafting, Three Rivers	none	\$84
Tues. Aug 1	9-3pm	Jordans IMAX Theatre, Reading, MA	none	\$25
Thurs. Aug. 3	9-4pm	Fun Town Splash Town USA	Aug. 4	\$30
Tues. Aug. 8	10:30-6pm	Canobie Lake Park (no on-site camp)	Aug. 9	\$35
Thurs. Aug 10	9-3pm	Water Country (no on-site camp)	none	\$22



Little Nippers Summer Rec Camp For Preschoolers

It's here by popular demand! You asked for it (as did the little ones watching as their older siblings were being dropped off at summer rec) and here it is! Drop your wee ones off in capable hands down at Dearborn Park between 9:00-9:15 am for some **FUN IN THE SUN!** Activities will include some serious good ole' fashioned play while either on the playground, playing cooperative games, singing or creating arts and crafts. It's tailored especially for your little ones summertime needs and also gives them an opportunity to socialize with other Little Nippers.

Session # 115016

Who: Little Nippers Ages 3-5 yrs.

When: Mondays, Wednesdays, Fridays, register for 3 weeks at a time or 6 total

Session I- July 10-July 28, 2006

Session II- July 31- August 18, 2006

Time: 9-11:45 am

Where: Dearborn Park

Fee: \$75 per 3 weeks or \$150 for all six.

Minimum: 10 Little Nippers

Maximum 30

Please put sunscreen on your Little Nipper and dress appropriately for the weather.

If it rains, Little Nippers Rec will be held indoor at the Old Town Hall.



Seacoast United Soccer Camp

Preschool

The 3&4 year old program runs a little different than 5 and above. It runs for only the first hour of camp and this program is requires parent participation... SUS uses soccer balls, balloons, parachutes, tunnels and have a lot of fun with them. So far SUS seem to be the only organization offering a summer camp to kids this young, and to date it's been a huge success! Send camper with plenty of water. Session #123010A

When: August 21-25, 2006, 1-2pm

Where: Dearborn Park

Fee: \$45, includes t-shirt and gift.



Kindergarten and Up

5 and above, runs for 3 hours. Each day involves different skill development, ie., dribbling, passing, finishing, with camp always finishing with small-sided play. We give plenty of water breaks as well as a longer snack break to make sure everyone stays hydrated in the summer heat. The last day of camp, Friday, we run a world cup tournament for most of the day and then have a parents' game the last 30 minutes of camp, which the kids love. We build the world cup tournament up through out the week and the campers get very excited by the time the day arrives. They dress up representing their countries' colors, make flags, paint their faces.... it's a lot of fun. Send camper with plenty of water. Session #123010

When: August 21-25, 2006, 1-4pm

Where: Dearborn Park

Fee:\$100, includes t-shirt and gift.

Creative Dance

Activities encourage the development of physical strength, coordination, creative thinking & self-expression. Students are taught to refine their motor skills & develop the creative process through use of props & imagery. The class also provides the opportunity to interact w/other peers his/her own age. This environment allows the less-secure students to gain confidence. Please have your child wear loose fitting clothing-no dresses/skirts. Ballet shoes or bare-foot is allowed, no stocking feet. Session #113011

Who: Boys and Girls ages 3, 4, 5

When: Tuesdays, July 11, 18, 25, Aug. 1, 2006, 10-10:45am

Where: Old Town Hall

Fee: \$45 per four weeks



Archery

The Archery Academy of New Hampshire will be offering a Winter Archery program through the North Hampton Recreation Department. This class will be taught by Robb Schmidt a National Archery Association Level 3 Instructor and Physical Educator. This introductory program is for boys and girls ages 8 and up. Students will learn the nine steps of shooting and the proper safety procedures in four one hour classes. The program consists of a brief history, equipment and safety procedures, shooting skills and games. Archery is a wonderful activity that when learned properly, can be enjoyed for a lifetime. Session #423037

Who: Boys and Girls ages 8-14

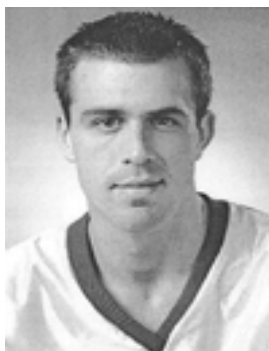
When: Thursdays, July 6, 13, 20, 27, 2006, 2:30-3:30pm

Where: NHS

Fee: \$60, residents, \$65, non-residents

CHCK; Coates Hoop Camp For Kidz

Coates Hoop Camp for Kidz springs into his second summer session with North Hampton Recreation. CHCK welcomes your camper (s) to a whole NEW ERA of kids hoop camps.



Whether a Beginner (never played or just getting to know the game), an Intermediate player (know/understand the game but still working on building your foundation) , or an Advanced player (know and play the game at a competitive level), Chris will bring you to the next level through various progressive drills, skills and games.

Emphasis will focus on dribbling, ball handling, passing, shooting techniques, rebounding, offensive and defense play & tactics.

Chris Coates and his staff of professionals brings with them YEARS of basketball playing and coaching experience for the beginners, intermediates as well as the advanced players.

Come and get your game on and build on those mad skillz.

\$10 Family /Multiple weeks Discount after first full paid registration.

Price includes camp t-shirts, CHCK basketball, FUN & QUALITY professional instruction. Individual awards given.; MVP, Queen/King of the Court, Best Passer, Best Team player, etc.



"First master the fundamentals."

~ Larry Bird

DATE	LEVEL	TIME	Grade as of 2007	LOCATION	FEE
June 26-30 Session #125008	Beginners	9-11:30 am	Grades 2, 3, 4	North Hampton School	\$89
June 26-30 Session #125008A	Intermediate	12-3 pm	Grades 4, 5, 6	North Hampton School	\$99
June 26-30 Session #125008B	Advanced	3-6pm	Grades 6, 7, 8, 9	North Hampton School	\$110
July 10-14 Session #125008C	Advanced	3-6pm	Grades 6, 7, 8, 9	North Hampton School	\$110
July 17-21 Session #125008D	Beginner	3-5:30pm	Grades 2, 3, 4	North Hampton School	\$89
July 24-28 Session #125008E	Intermediate	3-6pm	Grades 4, 5, 6	North Hampton School	\$99

Heatwave Field Hockey Summer Camp

Organized and run by North Hampton's own Hilary Carroll! Designed for all abilities, this camp meets once weekly for 5 weeks. Various skills will be stress each week, such as passing, elimination tactics & defensive skills. Each session will consist of a lesson to be followed by scrimmage play. The camp is coached by experienced players to include college level athletes from University of Connecticut and UMASS Lowell. Whether you want to learn how to play the game or you want to practice to bring your skills to the next level for high school in the fall- this camp is a great way to do it!!! Goalie are encourages to attend. All payers need to bring their own equipment, stick, shin guard, mouth guard and ball. A camp t-shirt will be provided.

Session #183047

Session # 183047A

Who: Girls entering Grades 6-7, 5-6:30pm

Girls entering Grades 8-9, 6:30-8pm

When: Tuesdays, July 11- August 8

Where: NHS field hockey field

Fee: \$60 per five weeks





Surf lessons with Cinnamon Rainbows Surf Shop

Surfs Up!!! Living on the seacoast has many advantages, surfing being one them! Operating since 1983 Cinnamon Rainbows teaches kids of all ages the fundamentals of surfing, ocean safety and surf etiquette. Emphasis will be ocean safety, learning the basic surfing fundamentals while in a group setting and at guarded beaches. Join alone or with a group of friends. Your kids will thank you later. Please list height and weight on registration form to ensure proper wet suit and surfboard fitting. Session #183045

Who: Boys and Girls ages 11-up

When: July 10-14, 2006, Monday-Friday, 10-12pm

Where: Either North Beach OR Jenness Beach, depending on the waves,

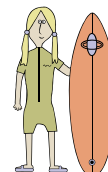
Price: \$160, which includes surfboard, wet suits and quality professional instruction. What to Bring: Lunch or Snack, water, sunscreen, towel and the desire to learn. Staff: Our group of instructors and counselors are motivated, enthusiastic professionals. All staff are first aid/CPR certified. Ratio of staff to students is 1:3 at the camp.

Minimum: 5

Maximum: 12



*"I'd only been surfing a very short time when I began to believe
I had the potential to be as good or better than any other woman surfer.
And I knew I'd limit myself if I surfed with other girls, so I surfed with the guys."
~Lisa Andersen, 4 time world champion*



Boys High School Hoop League

Hoop isn't just for winter. A new boys high school hoop is forming, work during the day, play ball at night. We are looking to form 10 player teams. Price will include shirt, patched officials, scorekeeper, playoffs, trophies

Who: Boys ages 14-18

When: Mondays, Tuesdays & Wednesdays, June 26, 28, July 5, 10, 12, 17, 19, 24, 26,

Playoffs, July 31, Aug. 2, 7, 2006, 6-9pm

Where: NHS Gym

Fee: \$100 per player for 10-12 games



Scuba Diving

How would you like to explore the depth down under? Come face-to-face with some of the oceans most incredible creatures. Here is your chance to become a certified open water scuba diver. Your vacations or your regular trip to the waters edge will never be the same again! Classes are limited so do not let this opportunity dive below your reach. Come aboard? Let this adventure take you by the fins!!

Heather, a 20-year Hampton resident, attended the University of New England, a graduated with a degree in animal behavior. While there, she decided to expand her love for the ocean & train for her Instructors Certification with Mike Bridges, Owner of the Divers Locker in Lyman, Maine. She learned to dive in Key West 9 years ago.

Heather has even had the chance to train dolphins & intern with National Geographic/Mote Marine Lab's Shark Team in Florida. . Session #193046

Who: Ages 12 & up

When: Lecture; Monday & Wednesday, June 19 & 21, Old Town Hall ,6-8pm,

When: Pool; Saturdays, July 1, 8, 15 (15th is optional), Exeter Rec Pool, 9:30-11am

Fee: \$370 residents, \$380 non-residents



Play in A Day Theatre

This one day workshops creates a play within one day. Young performers work with instructors to develop characters during the morning hours & after lunch create a full-fledge of story telling & dance will all be included in the final project. Student's ideas & imaginations will be incorporated into the end-of-day- performance. Session #125025

Who: Boys and Girls Grades 3, 4, 5

When: Wednesday, July 12 & Aug. 2, 2006, 10am-3pm

Where: TBD once class fills



Lego League

Working in teams and individually, participants will solve daily design challenges by creating LEGO robots & then programming them using a computer. Participants will learn about motors, gears, sensors, electric circuits & how to create computer programs. This class is a sure hit with LEGO enthusiasts!!! Instructor is Kevin Husson, who has been teaching 4th grade in Middleton, Mass. For 11 years. He has a Master's Degree in Elementary Education and Leadership. He is also the co-director of Exploration Station, Middleton's after school enrichment program. He has been teaching LEGO classes during the summer since 2000. Kevin is resident of Hampton where he lives with his wife and daughter..

Session #125044

Who: Boys and Girls

When: August 7-11, 2006 Monday-Friday

Where: NHS

Time: 9-11 am

Fee: \$99

Minimum: 10

Maximum: 12



Baseball and Softball Clinic

Join Dave Bettencourt of DB's Baseball and Softball Instruction, North Andover, and his professional staff of instructors. The campers will learn more than just the basic fundamentals of our country's favorite past time. Emphasis will focus on proper throwing, fielding and hitting techniques as well as the mental aspect of the game. After a week's camp, they'll be not only talking the talk but walking the walk!

BASEBALL: July 10-14

Who: Boys and Girls ages 8-14

When: 9-12pm

Where: Dearborn Park

Fee: \$99 week or \$25 per day



SOFTBALL: July 10-14

Who: Girls ages 8-14

When: 9-12pm

Where: Dearborn Park

Fee: \$99 week or \$25 per day



Club Underalls- This is Unique!!!

Club What? This unique and fun teen club was created and is owned by concerned parent. **The goal is to create a safe environment for seacoast area teens to hang out with their friends and enjoy dancing and listening to music in an adult type atmosphere. Safety and security are our primary concerns. Metal detectors (wand type) will be available to security staff at the door. Zero tolerance for alcohol, drugs or any criminal behavior. Club UnderALLS will be a success as a place for mature responsible teens who want a club for themselves.**

Who: Teens in grades 9-12

When: Fridays, July 14, 28, August 11, 25, 2006

Where: Old Town Hall, North Hampton

Fee: \$10, includes DJ, dance floor, positive, fun & safe atmosphere, security staff, food and refreshments are available for purchase. Sign up early and bring 5 unregistered friends and receive a cash bonus!!!



Water Country

Drop off your teens & their friends & pick up at Water Country, knowing that they're in great hands.

Session #138017

Who: Ages 13+

When: Wednesday, July 12, 3-7pm

Fee: \$15



Cosmic Bowling

Challenge your friends to a game of bowling, with great tunes blasting in the background. Bus leaves NHS at 6pm and returns at 9pm. Session #138017B

Who: Ages 13+

When: Wednesday, July 19, 2006

Fee: \$15, includes transportation, shoes and lane fees

Canobie Lake Park

Hang out with your friends while riding the Corkscrew, cool down on the Tea Cup or the Flume, or even try your nerves on the Black Diamond or play games in the arcades- so much to do! Session # 138017C

Who: Ages 13+

When: Wednesday, August 1, 2006. Bus leaves NHS at 3:30 and arrives back approx. 11pm.

Fee: \$30, includes transportation, park admission.



Holo-dek LOCKINS

Tired of listening to your children say "I'm bored," "There's nothing to do" or "Will you take me to..."! Who can afford Playstation, PS2, XBOX, XBOX 360, & gaming PCs & all the cool but pricey games that go with them? Even if you have the newest in gaming then how do you fit your kids & all their friends in your living room? (And do you really want to?) HOLO-DEK has the answer! Your kids & all the friends they can muster up can play on 6'-13' projection screens, use all of the latest equipment, the latest games, each at their own private gaming station. They can play independently, battle against their friends or someone half way around the world. Also, an all night movie marathon for those who may need a break! Session #136041

Who: Ages 12-15 (kids ages 12 need to be accompanied by a parent, 1 parent per 3 friends)

When: Wednesday, August 16, 2006

Where: Holo-dek, Hampton, NH

Fee: \$60 includes food, drinks and gaming. No one is allowed in after midnight. And no one is allowed out, unless for emergencies after midnight.

Time: Start to arrive at 9:30pm and go home at 9am!!!

For the Adults

Golf Lessons with Brian O'Hearn

Brian O'Hearn, PGA Professional is, back again this year and is offering his expertise in all areas of the GREAT game of golf. Brian brings with him over 20 years of teaching golf to ALL ages and ability levels

Women's Classes, Wednesdays, \$99 per session (This is a \$40 discount!)

Session 1: May 3, 10, 17, 24, 2006	5:30-6:30pm
Session 2: May 31, June 7, 14, 21, 2006	5:30-6:30pm
Session 3: July 5, 12, 19, 26, 2006	5:30-6:30pm
Session 4: July 5, 12, 19, 26, 2006	6:30-7:30pm
Session 5: Aug. 2, 9, 16, 23, 2006	5:30-6:30pm
Session 6: Aug. 2, 9, 16, 23, 2006	6:30-7:30pm
Session 7: Sept. 6, 13, 20, 27, 2006	6:00-7:00pm

Adult Classes, Thursdays, \$99 per session (This is a \$40 discount!)

Session 1: May 4, 11, 18, 25, 2006	6:00-7:00pm
Session 2: June 1, 8, 15, 22, 2006	6:00-7:00pm
Session 3: July 6, 13, 20, 27, 2006	5:30-6:30pm
Session 4: Aug. 3, 10, 17, 24, 2006	5:30-6:30pm



Play with the Pro at Sagamore Hampton Golf Club, Saturdays, May 13, June 10, July 8, Aug. 12, Sept. 9, Oct. 14
\$50 plus Golf fees

Unlimited Lesson Membership, April 1- October 1, 2006, 30 minutes, includes 9 hole playing lesson

Adults: \$499- 18 yrs. & up Juniors \$399- 9-17 yrs.

Private Instruction Rates, Adults

1/2 hour, \$45.....OR.....Buy 5 for the Price of 4, \$180

1 hour, \$80.....OR.....Buy 5 for the Price of 4, \$320

Women's Summer Softball League

Come on out and play with your fellow girlfriends for a friendly game of non-competitive softball. Here by popular demand, a new league will be formed and housed at Dearborn Park. Join individually or as a team.

When: Friday nights, June 30- August 25, 2006, Games begin 6:00pm Where: Dearborn Park

Fee: TBD; which will include one patched official and team shirts and game softballs.

Men's Over 35 Spring & Summer Hoop League

Following the Mens Over 35 Pick Up, the Rec Dept is looking to form 4 Men's Over 35 basketball teams to play throughout the spring and summer. Come with a team or join individually and we'll form teams. Call the Rec Dept for more information.

When: Spring; Thursdays, 7-9pm, April 6, 13, 20, 27, May 4, 11, 18, 25, 2006, 8-weeks

Summer; Thursdays, 7-9pm, June 29, July 6, 13, 20, 27, Aug. 3, 10, 17, 2006- 8-weeks

Fee: \$500 per team each session, or \$50 per player (teams carrying a 10-man roster), & includes officials.

Mens Over 35 Pick up WILL NOT continue if the league does not run.

"The true measure of a man is how he treats someone who can do him absolutely no good."

~Samuel Johnson

Smarttennis for Adults

The 2006 Adult Summer Tennis Program at Dearborn Park will offer a variety of organized activities with something for everyone. **Seab Stanton**, the **Director of Tennis** and owner of Smarttennis, is a 4-time New England Junior Champion and 3-time Intercollegiate All-American. He has been instructing children and adults for over 30 years. He will be offering private and group instruction for beginner through advanced levels. There will be social play opportunities for recreational players as well as tournaments and teams for competitive players. Whether you're new to the game or an experienced player, we are sure you'll be able to find something you'll enjoy..

Students who cancel without 7 days notice are subject to a \$100 cancellation fee, unless a replacement is found. There are NO REFUNDS after the first day of class. Payment arrangements can be made for multiple sessions by calling the Rec Dept.

Wimbledon Workouts

Combines hitting drills with intense movement to improve court coverage, balance and endurance. There is also a strong emphasis on playing drills which highlight tactical decisions and execution. Each workout program meets for 6 weeks.

Please see chart below for various levels, days and times.

Session I- June 6

Men 3.0 Mondays, 6:30-8pm

Womens 2.5 Tuesdays, 9-10:30am

Womens 3.0 Tuesdays, 10:30-12pm

Womens 3.0+ Tuesdays, 6:30-8pm

Womens 3.0 Wednesdays, 9-10:30am

Session II- July 18

Womens 3.5

Womens 3.5

Womens 3.5

Womens 3.0

Session III- August 20

Wednesdays, 10:30-12pm

Thursdays, 9-10am

Fridays, 9-10:30am

Fridays, 10:30-12pm

Fee is \$160 per each session or \$30 per day for drop-ins, when space is available. Classes are 1.5 hours long and is limited to 5 students. Minimum is 4.

Play Tennis America

The Play Tennis America clinics are designed for Beginner-Advanced Beginner players and follow similar formats but with less emphasis on the workout and greater focus on strokes and strategy. Each workout program is six-weeks.

Session I- June 6

Beginners: Mondays, 9-10:30am

Session II- July 18

Novice: Mondays, 10:30-12pm

Session III- August 29

Beginner: Thursdays, 10:30-12pm

Fee: \$175 per each session or \$30 per day for drop ins when space is available. Includes 1.5 hours of instruction and new tennis racket strung from Wilson Sports (retails \$90).

Special Events

This year we have scheduled 4 planned SPECIAL EVENTS which we hope that you will enjoy . If you see an event you would like to participate in, please be sure to register in advance with the Recreation Department to ensure success.

Smarttennis Continued...

Parent-Child Tournament

Tennis is one of the few sports that parents can share with their children for a lifetime. Get it started now with the First Annual North Hampton Parent-Child Challenge!! Parents teams up with their kids to compete in around robin tournament. **HERE'S THE BEST PART-** no one can lose!!!! If you win, you advance, if you lose, you advance! Who said the world wasn't perfect? All 16 teams advance to a flight final. The winner and runner up of each flight receive awards, which means...you can check the math... **ALL 16 TEAMS WIN AN AWARD!!!** Nice. Refreshments will be provided during play & a cook-out & awards ceremony follows play.

Who: Parent and child, all ages

When: Sunday, July 9, 2006, 11:00-1:30pm Where: Dearborn Park tennis courts and Pavilion

Fee: \$21 includes professional supervision of play, awards for all, balls, refreshments, hamburger/hot dog cookout with all the fixins!"

Mixed Doubles Tournament

Let's do it again. We will use the very same format we employed for the Parent-Child. 16 Teams compete in a Compass Draw. Winners & losers always advance, only in different directions on the compass, with all teams reaching a flight final receive an award. Here's the cool part; all teams reach a final flight. You don't have to be a former club champ to play either, because each match you play puts you closer to opponents of the same level. By the time you reach your final flight you should be perfectly matched. Refreshments will be provided during play, followed by a steak and chicken BBQ & awards ceremony completes the day.

Who: All adult couples invited

When: Sunday, August 19, 9am-2pm Where: Dearborn Park tennis courts and Pavilion

Fee: \$27 per person, includes professional supervision of play, prizes, balls, refreshments during play, marinated steak & chicken BBQ with all of the fixins!

Mixed Up Doubles

Couples are invited to come out and play other couples in a mixed up doubles social round robin and BBQ. Couples will play their first match as partners and then split to play with new partners for several matches. Refreshments will be available throughout the evening with a steak and chicken BBQ to follow play.

Who: All adult couples invited

When: Sunday, June 25, 2006, 5-8pm Where: Dearborn Park tennis courts and Pavilion

Fee: \$27 per person, prices includes professional supervision of play, prizes, balls, refreshments during play, marinated steak and chicken BBQ, with all the fixins!

Ballroom & Latin Dancing

Did you find yourself watching & cheering on your favorite couple on Dancing with the Stars? Have a wedding that you're going to and would like to show off some new moves? How about spending some special time with your sweetie? Well, here's your chance to learn the basics, meet some new people and have some fun. Louis Nagle of Portsmouth Ballroom Dance Studio would like you to join him for a little salsa or chacha on Monday evenings. PBDS also offer dances every Saturday night, so you after these fun and fabulous lessons, you too, can "strut your stuff." Session # 493011

Who: Ages 14+

When: Mondays, April 3, 10, 17, May 1, 2006, 7-8pm

Where: NHS Cafeteria

Fee: \$40 per person

Minimum: 5 couples to run this session



Coed Dodgeball!!!!

Let the inner child surface for just 1 night a week a week! Come on down and play your heart out and have more fun than you could ever imagine. Dodgeball will relieve any stress that you might have carried with you. The rules of play will be determined by the Official National Dodgeball League. Each team will consist of eight players; four men and four women per team. Join as a team or individually. Session # 492043

Who: Ages 18+

When: Mondays, April 3, 10, 17, May 1, 8, 15, 22, June 5, 2006, 7-9pm

Where: NHS gym

Fee: \$25 per person

Day Trips



Trip to Foxwoods

Join us for a trip to Foxwoods and try your luck at various games. Price includes free lunch buffet and \$15 in Keno coupons and coach bus transportation. Session # 468017

Who: Ages 18+

When: Tuesday, April 18, 2006

Where: Foxwoods

Time: Bus leaves at 7am from the old Rite Aid parking lot and returns approx. 7pm.

Fee: \$25 residents. \$30, non-residents

Boston Red Sox Game VS Kansas City Royals

Join us to watch our beloved Red Sox play the Kansas City Royals under the lights!.. Price includes grandstand seating and air conditioned coach bus transportation. Bus will depart from NHS at 5:00 pm for a 7:05 pm game and will return 1 hour after game time completion. There are 52 tickets available and are on a first come first serve basis and are non-refundable. Session # 178017A

Who: All ages

When: August 16, 2006 , 7:05 game, bus leaves NHS at 5:00pm

Fee: \$48, residents, non-residents \$53, includes coach bus transportation and grandstand seating

Sweeeeeeeeeet Caroline, bah, bah, bah, good times never seemed so good! - Neil Diamond

Senior Activities

Bridge for Beginners

Never played? Don't worry about it. Monday's are all about the instruction of the game. It's always a great time.

When: Every Monday, 10am-2:30pm

Where: Centennial Hall, **Fee:** \$2

Bridge

Let the games begin! For those graduates of the Bridge for beginners or seasoned players.

When: Every Thursday, 12:45-4pm

Where: Centennial Hall, **Fee:** \$2

For more information, please call Bridge Director, Dave Pepple at 964-1173. Refreshments will be served.

Looking for Walkers...

If you like the good ole' fresh air & meeting new people, then you're a good candidate to become a member of a North Hampton Walker's Club. If you know of a friend who would like to join a new walking club, please call the Rec Dept. if you're interested. Let's Walk about it!

Paying Passages; Senior Savers. Presentation by Commonwealth Financial Network's Brad French

Planning for Pitfalls; Early Retirement; Health Hurdles; Tackling Trusts; Capital Cashing; getting What's Coming To you; Fixed Income Financing; Too Taxing; Downsizing By Degree; Widowhood Worries.

When: Tuesday, march 28, 2006, 7-8pm, Old Town Hall Fee: FREE

If you are interested in sharing an idea or talent or would like to begin a new group albeit cards, games or luncheons, please contact the Rec Dept. at 964-3170 and we'll put together a new program. We are always looking to further enhance more programs for adults.

